



**BUDDHIST TEACHING**  
&  
**MASTERCLASS INSTRUCTION**  
*on*  
**CLASSICAL QIGONG & INTERNAL ARTS**  
*by*

**Ven. Lama Dondrup Dorje**

*Principal of the Pathgate Institute of Buddhist Studies*

Ven. Lama Dondrup Dorje, the Founder of Palyul Nyingmapa Buddhist Association in the UK, Greece and Australia will visit Milan to give Dharma Teaching and Masterclass Instruction on Classical Qigong & Internal Arts in May.

**-:Schedule:-**

**Saturday 15<sup>th</sup> & Sunday 16<sup>th</sup> May: 11am to 1pm**

**Buddhist Teaching: Eight Verses on Transforming The Mind – Part II**

- Classic Lojong teaching on how to attain a Peaceful Mind in a Chaotic World -

**Saturday 15<sup>th</sup> & Sunday 16<sup>th</sup> May: 3pm to 5pm, 5.30pm to 7.30pm**

**Masterclass Teaching: Classical Qigong & Internal Arts**

- Instruction on Classical Qigong, Taiji Quan, Xingyi Quan, Bagua Zhang & Liu He Ba Fa -

**Cost: 30 euros per two hour session or 160 euros for all 6 sessions**

**Venue: PALESTRA YUDANSHAKAI, VIA FAÀ DI BRUNO, 20 – MILANO - ITALY**

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For more information on Ven. Lama Dondrup Dorje, please visit: [www.pathgate.org](http://www.pathgate.org)