



Masterclass Seminar
心經講解
Meaning of Heart Sutra
&
古典禪定太極拳
Classical Taiji Meditative Qigong
with
Ven. Lama Dondrup Dorje
Principal of the Pathgate Institute of Buddhist Studies

Venerable Lama Dondrup Dorje, the Founder of Palyul Nyingmapa Buddhist Association in the UK, Greece and Ireland, and a Master Teacher of Classical Qigong will visit Singapore to give Masterclass Seminars on **Heart Sutra** & **Classical Taiji Meditative Qigong** in June & July.

-:Schedule:-

Monday 29th June & Tuesday 30th June: 7pm to 10pm

Classical Taiji Meditative Qigong 《古典禪定太極拳》

- The Calm-Abiding Moving Meditative Practice of Samatha & Classical Taiji Qigong -

Wednesday 1st July: 7pm to 10pm

Meaning Of Heart Sutra 《心經講解》

- The Inner Meaning of the Buddhist Classics of the Perfection of Wisdom Sutra -

Venue: Whitley Room (Monday & Tuesday); Thomson Room (Wednesday):
SAFRA Toa Payoh 293, Lorong 6, Toa Payoh, Singapore 319387

Cost: S\$120 nett for each evening, or S\$300 nett for all three evenings.

For more information on Ven. Lama Dondrup Dorje, visit www.pathgate.org

For other information, call Ken at (+65) 9046 2936 or email: wingchun_sg@yahoo.com