

REQUEST TO REMAIN FIRM

PHEN DE JUNG WAI NEI CHIG PU

As the single source of benefit and bliss,

TEN PA YUN RING NEI PA DANG

May the Doctrine remain in this world indefinitely and

TEN PA DZIN PAI KYE BU NAM

May those of supreme birth who uphold the precious Doctrine.

KU TSEI GYALTSEN TEN GYUR CHIG

Live long firm lives like Banners of Victory!

PALDEN LAMAI KU TSE TEN PA DANG

May the lives of the glorious Spiritual Teachers be firm and

KHA NYAM YONG LA DE KYID JUNG WA DANG

May all sentient beings, who are equal in number to space, be well and happy.

DAG SHEN MA LU TSOG SAG DRIB JANG NEI

Through myself and all others, accumulating merit and cleansing obscurations,

NYUR DU SANGYE SA LA GOD PAR SHOG

May we quickly be placed on the stage of Buddhahood.

LAMA KU KHAM ZANG WAR SOL WA DEB

I pray that the Spiritual Teachers may enjoy excellent health.

CHOG TO KU TSEI RING WAR SOL WA DEB

I pray for their supreme long life as well.

THRINLEY DAR SHING GYEI PAR SOL WA DEB

I pray that their enlightened activities may spread forth and expand.

LAMA DANG DRAL WA MED PAR CHIN GYI LOB

Grant blessings to never be separated from my Spiritual Teachers.

DAG DANG THAYEI DRI WA MA LU PA

May myself and limitless beings without exception,

GEWAI TSA WA DI LA TEN NEI NI

By the root of this very virtue,

TSERAB LEI GYI DIG DRIB YONG JANG NEI

Completely cleanse the karmic negativities and obscurations of all lifetimes,

ZAB YANG CHÖ DZÖD LONG DU DROL WAR SHOG

And be liberated in the expanse of the profound Dharma Treasury.